

TREATMENT AND PRICE LIST

Look your best, feel your best, **be your best**

Halcyon

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LOOK, FEEL AND BE YOUR BEST AT HALCYON

Halcyon offers an outstanding range of expert services in beauty and grooming, relaxation and wellbeing. Where else would you find so much choice under one roof?

Our staff, treatments and facilities are all focused on ensuring you achieve significant top-to-toe results. All our experienced therapists are fully trained in the treatments and consultations they perform. They are dedicated to making your visit as enjoyable as possible, taking time to listen and discuss the optimum treatment with you.

In an ambience that's professional, friendly and relaxing, you're assured of personalised attention. If you give a Halcyon voucher as a thoughtful gift, you can trust us to make your special someone feel very special indeed.

We continually review our extensive range of treatments to keep them attuned to clients' needs and invite your feedback, either directly via a therapist or by completing a comments card or the form on the website.

OPENING TIMES

Monday	Closed
Tuesday	9.30am–8.00pm
Wednesday	9.30am–8.00pm
Thursday	9.30am–8.00pm
Friday	9.30am–8.00pm
Saturday	9.00am–5.00pm
Sunday	10.00am–4.00pm

CONTENTS

FACIALS <i>(Dermalogica)</i>	2
ANTI-AGEING TREATMENTS <i>(Matis SK4; OXYjet)</i>	3
MANICURES AND PEDICURES <i>(Jessica)</i>	4
NAILS <i>(Bio Sculpture Gel Nail Overlays, CHRISTRIO Gel and Creative Acrylic Extensions)</i>	5
HAIR REMOVAL <i>(Waxing, Electrolysis)</i>	6
EYEBROWS AND EYELASHES	7
MAKE-UP	7
SPRAY TANNING <i>(Fake Bake)</i>	7
BODY TREATMENTS <i>(Dermalogica; Shape Changers Body Wraps)</i>	8
MASSAGE AND HOLISTIC TREATMENTS <i>(Massage: Swedish, Aromatherapy, Indian Head; Hot Stone Therapy; Hopi Ear Candles)</i>	9
SPECIALIST TREATMENTS <i>(Reiki; Acupuncture; Emotional Freedom Technique; Hypnotherapy; Life Coaching; Nutrition; Reflexology; Sports Massage)</i>	10
TEENAGE TREATMENTS <i>(Facials; Skin Care; Make-up)</i>	11
PACKAGES <i>(Hen Party Packages; Wedding Packages; Pregnancy and New Mother)</i>	11
PAMPER DAYS <i>(Anti-ageing, Anti-stress, Detox, Luxury, Luxury for Men)</i>	12

FACIALS

DERMALOGICA

Dermalogica's formulas have pioneered new standards for product performance using only the finest ingredients. All products are non-comedogenic and contain no occlusive mineral oil or lanolin, no irritating artificial colours or fragrance, and no drying S.D. alcohol.

Face Mapping Skin Analysis (20 mins)

FREE

A zone-by-zone skin analysis, which identifies potential problems and unique needs and determines how to treat them. Face Mapping identifies the right Dermalogica treatments and products to target specific zones and deliver all-over benefits.

Core Dermalogica Face Treatment (60 mins)

£40.00

A customised skin treatment based on Face Mapping analysis that helps treat sensitised, ageing, oily, dry or dehydrated skin, as well as acne and pigmentation to give immediate results. The treatment also includes a touch therapy massage of your choice (hands and arms; décolleté; or legs and feet) or galvanic and high-frequency machine therapy.

Express Facial (30 mins)

£25.00

Achieve maximum results with a double cleanse, exfoliation, masque and moisturisation. Perfect as a stand-alone treatment or as an introduction to the Dermalogica range.

AGE Smart Treatment (75 mins)

£50.00

Helps firm, smooth, nourish, regenerate and energise prematurely ageing, mature or devitalised skin. Potent vitamin and hydroxy acid exfoliation resurfaces and retextures skin, while energising massage techniques release tension in the facial muscles.

AGE Smart Eye Rescue (20 mins)

£20.00

Designed to diminish fine lines, reduce puffiness and soothe irritated, tired eyes using peptides, firming proteins and therapeutic vitamins. Gentle exfoliation removes dulling debris, while a calming masque helps soothe and revitalise skin.

AGE Smart Flash Exfoliation (20 mins)

£20.00

Hydroxy acids remove dulling surface debris to help diminish the appearance of fine lines and improve elasticity, tone and texture while vitamins, botanical extracts and conditioning agents help soothe and restore the skin.

Men's Skin Fitness Facial (20 mins)

£20.00

This 20-minute treatment helps skin recover from shaving damage while cleansing, clearing, soothing and calming. A pre-shave, shave and post-shave home care regimen helps you maintain the results.

ANTI-AGEING TREATMENTS

MATIS SK4

Combines four electrical therapies with biotechnological serums and gels to provide the most complete treatment for the face, eyes and neck to create a natural 'face-lift'.

Luxury Electrotherapy Facial (60 mins) £50.00

Includes a sonic peel exfoliation, deep cleanse and hydration, lifting, firming and toning, and soothing and nourishing. Recommended as a course (two per week).

Course of 4 £187.50

Hand Lift (30 mins) £35.00

Combines a sonic peel exfoliation, pigmentation mask and massage. Recommended as a course (two treatments per week).

Course of 4 £130.00

Eye Treatment (30 mins) £27.50

Combines three electrical therapies with biotechnological serums and gels for the most complete eye treatment. Recommended as a course (two per week).

Course of 4 £100.00

OXYjet

A powerful alternative to needle injections, combining nature's life source 'oxygen', which pulses active ingredients deep into the skin for instant results.

BEAUTY-TOX Facial (75 mins or 60 mins)

The Number 1 anti-ageing facial that firms and lifts, plumping lines and wrinkles. Recommended as a course of five with preferably two in the first week.

60-minute Session £55.00

Course of 5 £247.50

75-minute Session £65.00

Course of 5 £292.50

BEAUTY-TOX Maxi-Lip (30 mins) £25.00

The risk-free way to a perfect pout! Collagen production is increased by up to 351%, and moisture in the lips is improved, resulting in lips that will look and feel softer and plumper. Recommended as a course of five.

Course of 5 £115.00

MANICURES AND PEDICURES

LeRemedi Hand Treatment (20 mins)

£12.50

Hands will be silkier, smoother and firmer with this complete exfoliating and conditioning hand treatment.

Jessica Prescriptive Manicure (45 mins)

£25.00

Nails are analysed and treated for their specific nail type. The manicure includes exfoliation, massage and cuticle care. Nails are shaped and treated with a prescriptive basecoat then a polish or French Finish.

Jessica Deluxe Manicure (60 mins)

£30.00

The Jessica Prescriptive Manicure with the luxurious added benefit of your choice of thermal heated mittens for deeper penetration of the oils and creams to increase circulation and relieve stiff and painful joints or the LeRemedi Hand Treatment.

Jessica Express Manicure or Pedicure (20 mins)

£12.50

Nails are shaped and treated with a prescriptive basecoat then a polish or French Finish.

ZenSpa Pedicure (60 mins)

£30.00

Hard skin is removed, and feet and legs massaged with energising ginger deep conditioning cream leaving them softer and smoother. Cuticles are groomed and toenails, and polish applied or French Finish.

ZenSpa Deluxe Pedicure (75 mins)

£35.00

The ZenSpa pedicure with the luxurious added benefit of thermal heated booties for deeper penetration of the oils and creams. Excellent for increasing circulation and relieving stiff and painful joints.

Nail Art – Information on Request

FOR MEN

Gentlemen's Club Hand and Nail Care (30 mins)

£22.00

Hands are exfoliated to remove any dryness and massaged with treatment creams, cuticles are conditioned and groomed and nails are trimmed and perfectly shaped.

Executive Footcare for Men (45 mins)

£28.00

Hard skin is removed and feet and legs are massaged with deep conditioning creams leaving them softer and smoother. Cuticles are groomed and toenails perfectly shaped.

Please note we are unable to offer pedicures if any of the following conditions are present: Athlete's Foot; verrucas; or nail fungal infections.

NAILS

BIO SCULPTURE GEL NAIL OVERLAYS

Applied to your natural nail (hands or feet), adding no length, just strength and protection that is permanent, but can easily be soaked off.

Clear (45 mins)	£30.00
French Finish or Colour (45 mins)	£30.00
Infills (45 mins)	£24.00
Infills/Backfills or Infills/Polish (60 mins)	£28.00
Soak Off – No New Set Applied (30 mins)	£12.00
Repair	£5.00

CHRISTRIO GEL AND CREATIVE ACRYLIC NAIL EXTENSIONS

We use only the best professional products for our nail extensions. Let our expert nail technicians advise you on the perfect look to suit your lifestyle.

Natural (60 mins)	£37.00
French Finish or Colour Polish (90 mins)	£47.00
Infills (45 mins)	£27.00
Infills/Backfills or Infills/Polish (60 mins)	£37.00
Paint Only (15 mins)	£7.50
Removal – No New Set Applied (30 mins)	£22.00
Repair	£5.00

HAIR REMOVAL

WAXING

Half-leg (30 mins)	£16.00
Full Leg (45 mins)	£23.00
Three-quarter Leg (40 mins)	£20.00
Bikini Line (15 mins)	£10.00
High Leg (20 mins)	£15.00
Brazilian (45 mins)	£25.00
Playboy (60 mins)	£35.00
Hollywood (60 mins)	£35.00
Stomach (15 mins)	£10.00
Full Arm (45 mins)	£20.00
Half-arm (30 mins)	£13.00
Three-quarter Arm (40 mins)	£15.00
Under Arm (15 mins)	£10.00
Top Lip (15 mins)	£8.00
Chin (15 mins)	£8.00
Top Lip and Chin (25 mins)	£14.00
Eyebrow Shape, Lip and Chin (30 mins)	£18.00
Chest (30 mins)	£22.00
Back (30 mins)	£22.00

ELECTROLYSIS

5-minute Session	£10.00
10-minute Session	£15.00
15-minute Session	£20.00
20-minute Session	£25.00
30-minute Session	£30.00

EYEBROWS AND EYELASHES

Eyebrow Shape (15 mins)	£9.00
Eyebrow Tint (15 mins)	£10.00
Eyelash Tint (30 mins)	£14.00
Eyelash Perm (60 mins)	£40.00
Eyelash Inserts (45 mins)	£20.00
Eyebrow Tint and Eyelash Tint (30 mins)	£20.00

MAKE-UP

Application (50 mins)	£28.00
Lesson (60 mins)	£33.00
Bridal Make-up (60 mins trial + 60 mins)	£65.00

For wedding make-up, we are happy to come to your house or the wedding venue itself. A distance-related charge will be made for this service.

SPRAY TANNING

Fake Bake self-tanning solutions give a natural-looking colour, whatever your skin tone. Perfect for a special occasion or to give you a pre-holiday glow.

Full Body (30 mins)	£20.00
Half-body (20 mins)	£12.50
Legs Only (15 mins)	£10.00

BODY TREATMENTS

DERMALOGICA BODY

Customised Body Foliation (30 mins) £25.00

Following skin analysis, a tailored treatment that includes gently whisking away dead skin cells and providing maximum hydration and nourishment, to leave skin glowing and you feeling relaxed or energised.

Power Recovery Therapy (45 mins) £40.00

An intense wrap therapy for drier or prematurely ageing skin that combines hydration with circulation stimulation. Essential oil blends offer therapeutic benefits while rich oils smooth and provide antioxidant protection.

Mud Massage Therapy (45 mins) £40.00

Combines the detoxifying and cleansing capabilities of earth clays with the intensely therapeutic and moisturising power of customised essential oils. Smooths and conditions while fortifying the skin with anti-oxidants and stimulating circulation.

Thermal Back Purification (60 mins) £50.00

A deeply cleansing scrub that sloughs off dead skin cells and cleanses the skin of impurities and destresses muscles, followed by steam cleansing and extraction with a thermal fabric stamp and back masque to refine and purify, and ending with intense moisturisation.

Deep Thermal Therapy with Thermal Stamp (90 mins) £75.00

Inspired by 14th century Thai Therapy, a thermal fabric stamp filled with skin-benefiting ingredients detoxifies, remineralises, destresses, exfoliates and relaxes. Natural earth clays draw out impurities while stimulating circulation and smoothing the skin. The deep massage relieves aching muscles and rebalances the body.

Thermal Touch Therapies (20 mins) £15.00

Choose a thermal touch therapy as a luxury add-on to any one of our Dermalogica face or body treatments:

For the Hands and Arms – Cleanses, exfoliates, hydrates and conditions the hands and arms so they are smoother, brighter, healthier and refreshed.

For the Neck and Chest – An intensely hydrating and nourishing treatment for prematurely ageing, sunburned or irritated skin that helps repair skin damage.

For the Legs and Feet – Cleanses, exfoliates, hydrates and moisturises for healthy and revitalised skin and muscles.

For the Scalp – Releases tension while infusing scalp with oceanic minerals and essential nourishment, complimented by a stress-relieving hand or foot massage.

BODY TREATMENTS

BODY WRAPS

Shape Changers detox wraps offer a 'quick' body detox and also tone, reduce cellulite and stretch marks and give permanent inch loss (as long as no new weight is gained).

Quick Shape Wrap (60 mins) £40.00

A speed wrap to promote inch loss and tighten, firm, lift and sculpt problem areas of the middle body (waist/tummy/thighs).

Chocolate Luxury Detox Wrap (90 mins) £75.00

A chocolate sensation that detoxes, promotes inch loss and reconditions the skin.

Ultimate Inch Loss and Detox Wrap (90 mins) £75.00

A relaxing body treatment that draws out toxins, shrinks unwanted fatty cells, activates skin metabolism and improves skin tone and texture.

MASSAGE AND HOLISTIC TREATMENTS

MASSAGE

Swedish Full Body Massage (60 mins) £40.00

Swedish Back, Neck and Shoulder Massage (30 mins) £25.00

Swedish Back and Indian Head Massage (60 mins) £48.00

Indian Head Massage (30 mins) £30.00

Aromatherapy Full Body Massage (60 mins + 15 mins consultation) £50.00

Aromatherapy Back Massage (30 mins + 15 mins consultation) £36.00

Aromatherapy Back and Head Massage (60 mins + 15 mins consultation) £48.00

HOT STONE THERAPY

Deep penetrating heat from small stones placed on key energy points is used to massage the body to ease aching muscles as well as deeply relax and rebalance the mind and body.

Full Body (75 mins) £50.00

Back (30 mins) £36.00

HOPI EAR CANDLES

This relaxing treatment promotes wellbeing and calming and can help ease headaches, migraines, sinusitis and tinnitus, and improve the immune system and lymphatic circulation.

30-minute Session £28.00

Course of 3

£77.50

SPECIALIST TREATMENTS

REIKI

A Japanese technique for stress reduction, relaxation and healing. Administered by 'laying on hands', for a glowing radiance that flows through and around you.

60-minute Session

£55.00

90-minute Session

£75.00

Information on sessions and pricing on the following are available on request.

ACUPUNCTURE

An ancient Chinese technique involving the insertion of fine sterile needles just under the skin in specific locations to relieve pain and promote natural healing.

EMOTIONAL FREEDOM TECHNIQUE

Uses acupressure tapping while saying certain keywords to help resolve emotional and physical problems quickly, painlessly and effectively.

HYPNOTHERAPY

The application of hypnosis for relieving pain or conditions related to someone's state of mind, for example in the treatment of obesity, smoking, pain, anxiety, stress, and phobias.

LIFE COACHING

Using mentoring, values assessment, behaviour modification and modelling, and other techniques to help people achieve their goals and during transitions in their personal life.

NUTRITION

For advice on the most appropriate diet with regard to allergies or health problems and assistance in planning healthy diets to help with weight issues.

REFLEXOLOGY

Pressure-point massage (usually on the feet, but also on the hands and ears) is used to restore the flow of energy and promote relaxation and healing.

SPORTS MASSAGE

Improves the suppleness and flexibility of muscles and joints, and blood circulation, speeds up healing and prevents future muscle and tendon injuries.

TEENAGE TREATMENTS

FACIALS

OXYjet Anti-acne Facial (60 mins) £55.00

Recommended as a course of five or ten treatments.

Course of 5 £225.00

Dermalogica Teenage Facial (45 mins) £30.00

A customised skin treatment based on Face Mapping analysis that helps treat sensitised or acne-prone skin to give noticeable results.

SKIN CARE AND MAKE-UP

Skin Care Lesson (60 mins) £25.00

Make-up Lesson (60 mins) £33.00

Make-up Application (50 mins) £28.00

School Prom Make-up (60 mins trial + 60 mins) £50.00

Special discounted packages, make-up workshops and teenage skin-care parties (for four people or more) are available, which also include light bites and drinks. These are bookable in advance – please ask for details.

PACKAGES

HEN PARTY PACKAGES

We can tailor packages to suit individual needs. More details are available on request.

WEDDING PACKAGES

We can tailor packages for both the bride's and groom's parties. More details are available on request.

PREGNANCY AND NEW MOTHER

Pre-natal Pampering Treatment (75 mins) £45.00

Dermalogica Express facial followed by a luxurious body treatment for mums-to-be over 12 weeks pregnant.

Post-natal Pampering Treatment (75 mins) £45.00

Dermalogica Express facial followed by a luxurious body treatment for new mums.

PAMPER DAYS

PAMPER DAYS

Anti-ageing (1/2 day)	£130.00
<i>SK4 Luxury Electrotherapy or Dermalogica AGE Smart Facial; LeRemedi Hand Treatment; Jessica Express Manicure; Dermalogica Power Recovery Therapy with Body Foliation.</i>	
Anti-ageing (full day)	£225.00
<i>SK4 Luxury Electrotherapy Facial; BEAUTY-TOX Maxi-Lip; LeRemedi Hand Treatment; Jessica Express Manicure; Dermalogica Power Recovery Therapy with Body Foliation; ZenSpa Deluxe Pedicure; Indian Head Massage.</i>	
Anti-stress (1/2 day)	£125.00
<i>Dermalogica Core Facial; Dermalogica Deep Thermal Therapy with Thermal Stamp; Jessica Prescriptive Manicure.</i>	
Anti-stress (full day)	£170.00
<i>Dermalogica AGE Smart Facial; Jessica Deluxe Manicure; Jessica ZenSpa Deluxe Pedicure; Dermalogica Deep Thermal Therapy with Thermal Stamp.</i>	
Detox (1/2 day)	£135.00
<i>Dermalogica Core Facial; Ultimate Inch Loss and Detox Wrap; Dermalogica Mud Massage Therapy.</i>	
Detox (full day)	£190.00
<i>Dermalogica Core Facial; Ultimate Inch Loss and Detox Wrap; Dermalogica Mud Massage Therapy; Jessica Prescriptive Manicure; Jessica ZenSpa Deluxe Pedicure.</i>	
Luxury (1/2 day)	£120.00
<i>Dermalogica Core Facial; Jessica Deluxe Manicure or ZenSpa Pedicure; Dermalogica Body Foliation Therapy; Dermalogica Mud Massage Therapy.</i>	
Luxury (full day)	£175.00
<i>Dermalogica Core Facial; Jessica Deluxe Manicure; Jessica ZenSpa Deluxe Pedicure; Dermalogica Mud Massage Therapy; Hot Stone Therapy Full Body.</i>	

PAMPER DAYS (CONT.)

Luxury for Men (1/2 day)

£130.00

Dermalogica Core Facial; Jessica Gentleman's Club Hand and Nail Care; Dermalogica Body Foliation Therapy; Swedish Back, Neck and Shoulder Massage; Hot Stone Therapy Back.

Luxury for Men (full day)

£205.00

Dermalogica Core Facial; SK4 Anti-ageing Eye Treatment; Dermalogica Body Foliation Therapy; Jessica Gentleman's Club Hand and Nail Care; Jessica Executive Footcare for Men; Hot Stone Therapy Full Body; Hopi Ear Candles.

Both half-day and full-day pamper days include a light lunch. We can tailor a package to suit you or substitute treatments of a similar timing/cost.

INFORMATION

Teenage treatments are applicable to children of 13 years and over. Children between the ages of 13–16 will require written parental consent.

All timings listed are approximate to give you an idea of how much time to allow for a treatment/multiple treatments. Timings include consultation, preparation and treatment time. We recommend that you arrive 10 minutes prior to your treatment commencing. Regretfully, late arrival for an appointment will result in a reduced treatment time.

Gift vouchers are available on request in monetary or per-treatment formats.

We accept all major credit cards. Credit card details may be required to secure your booking.

We ask that all electrical equipment be turned off.

CANCELLATION POLICY

We require 24 hours' notice for cancellations. A 100% cancellation charge will be incurred if a treatment is cancelled within this notice period.

CONSIDERATIONS

If you are taking any medication, are pregnant or trying for a baby, please inform the receptionist (in strictest confidence) prior to booking a treatment.

DISCOUNTS

We offer a 10% discount on treatments booked and paid for in batches of six or more (unless part of a defined treatment programme), for our over 60s clients on Wednesday mornings/afternoons (9.30am–5.30pm) and for students on production of a valid student card with photograph. Please ask for details.

All prices are inclusive of VAT.